

May 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mac and Cheese V: French Bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	2 Turkey Hotdog V: Veggie Hotdog String Cheese Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*
5 Cheese Quesadilla V: Mexican Rice Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	6 Butter Herb Pasta V: Diner Rolls Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	7 Grilled Cheese Sandwich V: Creamy Tomato Soup Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	8 Teriyaki Chicken V: Teriyaki Tofu Steamed Rice Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	9 Fettuccini Alfredo V: Garlic bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*
12 Spaghetti w/ Meat Sauce V: Spaghetti w/ Marinara French Bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	13 Baked Chicken V: Mozzarella Sticks Steamed Rice Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	14 Veggie Fried Rice V: Spinach Soup Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	15 Creamy Tomato Penne V: Garlic Bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	16 Chicken Noodle Soup V: Veggie Noodle Soup Dinner Rolls Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*
19 Lemon Herb Linguine V: French Bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	20 Cheese Pizza V: Creamy Tomato Soup Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	21 Sun Butter and Jelly Sandwich V: String Cheese Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	22 BBQ Chicken V: BBQ Tofu Steamed Rice Sauteed Vegetables Fresh Fruit 1% Milk/Whole Milk*	23 Turkey Lasagna V: Veggie Lasagna Garlic Bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*
26 CFS CLOSED MEMORIAL DAY	27 Parmesan Pasta V: French Bread Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	28 Veggie Udon Stir Fry V: Spinach Soup Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	29 Baked Chicken Burger V: Veggie Burger String Cheese Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*	30 Chicken Curry V: Veggie Curry Steamed Rice Fresh Vegetables Fresh Fruit 1% Milk/Whole Milk*

Lunch Served: 11:30-12:00pm for Infant and Waddler Classrooms; and 12:00-12:30pm for Preschool and School Age Classrooms.
 Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Meat or Meat Alternative 1.0 oz., Fruit and Vegetables 1/4 cup, Cheese 1oz., Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 2tbsp; **Age 3-5:** Milk 3/4cup, Meat or Meat Alternative 1.5 oz., Cheese 1.5oz Fruit and Vegetables 1/2 cup, Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 3tbsp; **Age 6-12:** Milk 1cup, Meat or Meat Alternative 2.05 oz., Cheese 2oz, Fruit and Vegetables 3/4 cup, Pasta and Grain 1/2 cup, Roll 1/2 serving, Bread 1slice, Seed Butter 4tbsp. Vegetarian option available at all meals. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits.

*We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.

May 2025 AM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chex Mix Banana 1% Milk/Whole Milk*	2 Goldfish Pears 1% Milk/Whole Milk*
5 Saltine Crackers Melon 1% Milk/Whole Milk*	6 English muffin Cream Cheese 1% Milk/Whole Milk*	7 Life cereal Banana 1% Milk/Whole Milk*	8 Cheerios Oranges 1% Milk/Whole Milk*	9 Cheez it cracker Pears 1% Milk/Whole Milk*
12 Veggie Straw Apples 1% Milk/Whole Milk*	13 Club Cracker Sunbutter 1% Milk/Whole Milk*	14 Friendship Cereal Melon 1% Milk/Whole Milk*	15 Wheat Thin Oranges 1% Milk/Whole Milk*	16 Triscuit Pineapple 1% Milk/Whole Milk*
19 Pretzel Sticks Bananas 1% Milk/Whole Milk*	20 Snap Peas Oranges 1% Milk/Whole Milk*	21 Multigrain Cheerios Melons 1% Milk/Whole Milk*	22 Yogurt Granola 1% Milk/Whole Milk*	23 Kix Cereal Pears 1% Milk/Whole Milk*
26 CFS CLOSED MEMORIAL DAY	27 Toast Jam 1% Milk/Whole Milk*	28 Multigrain Cracker Apples 1% Milk/Whole Milk*	29 Applesauce Ritz Crackers 1% Milk/Whole Milk*	30 Graham Cracker Bananas 1% Milk/Whole Milk*

AM Snack Served 8:30-9:00am for Infant and Waddler Classrooms; and 9:00-9:30am for Preschool and School Age Classrooms.

Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. *We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.

May 2025 PM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Ritz Cracker String Cheese 1% Milk/Whole Milk*	2 Saltine Crackers Pineapple 1% Milk/Whole Milk*
5 Kix Cereals Melon 1% Milk/Whole Milk*	6 Wheat Thins 1% Milk/Whole Milk*	7 Multigrain Cheerios Oranges 1% Milk/Whole Milk*	8 Pretzel Crisp Apple 1% Milk/Whole Milk*	9 Pretzel Sticks Bananas 1% Milk/Whole Milk*
12 Life Cereal Melons 1% Milk/Whole Milk*	13 Snap Peas Oranges 1% Milk/Whole Milk*	14 Goldfish Pears 1% Milk/Whole Milk*	15 Cheddar Biscuit Banana 1% Milk/Whole Milk*	16 Multigrain Crackers Apples 1% Milk/Whole Milk*
19 Cheez It Crackers Oranges 1% Milk/Whole Milk*	20 Veggie Straws String Cheese 1% Milk/Whole Milk*	21 Chex Mix Apples 1% Milk/Whole Milk*	22 Cheerios Melon 1% Milk/Whole Milk*	23 Graham Cracker Banana 1% Milk/Whole Milk*
26 CFS CLOSED MEMORIAL DAY	27 Club Crackers Sun Butter 1% Milk/Whole Milk*	28 Friendship Crackers Melon 1% Milk/Whole Milk*	29 Animal Crackers Bananas 1% Milk/Whole Milk*	30 Triscuit Apples 1% Milk/Whole Milk*

PM Snack Served: 2:30-3:00pm for Infant and Waddler Classrooms; and 3:00-3:30pm for Preschool and School Age Classrooms.

Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. *We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.