

December 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Creamy Tomato Penne V: Dinner Rolls Fresh Vegetables Fresh Fruit 1% /Whole Milk*	3 Baked Chicken V: Mozzarellas Cheese Stick Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	4 Lemon Herb Linguine V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	5 BBQ Chicken V: BBQ Tofu Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	6 Spaghetti w/ Meat Sauce V: Spaghetti Marinara Garlic Toast Fresh Vegetables Fresh Fruit 1% /Whole Milk*
9 Baked Chicken Burger V: Veggies Burger String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*	10 Lemon Herb Pasta V: Dinner Rolls Fresh Vegetables Fresh Fruit 1% /Whole Milk*	11 Sunbutter and Jelly Sandwich V: String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*	12 Parmesan Chicken V: Parmesan Veggies Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	13 Turkey Lasagna V: Cheese Lasagna Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*
16 Mac & Cheese V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	17 Cheese Quesadilla V: Cilantro Lime Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	18 Fettuccini Alfredo V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	19 Chicken Teriyaki V: Tofu Teriyaki Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	20 Turkey Hotdog V: Veggie Hotdog String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*
23 CFS CLOSED WINTER HOLIDAY	24 CFS CLOSED WINTER HOLIDAY	25 CFS CLOSED WINTER HOLIDAY	26 CFS CLOSED WINTER HOLIDAY	27 CFS CLOSED WINTER HOLIDAY
30 CFS CLOSED WINTER HOLIDAY	31 CFS CLOSED WINTER HOLIDAY			

Lunch Served: 11:30-12:00pm for Infant and Waddler Classrooms; and 12:00-12:30pm for Preschool and School Age Classrooms.
 Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Meat or Meat Alternative 1.0 oz., Fruit and Vegetables 1/4 cup, Cheese 1oz., Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 2tbsp; **Age 3-5:** Milk 3/4cup, Meat or Meat Alternative 1.5 oz., Cheese 1.5oz Fruit and Vegetables 1/2 cup, Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 3tbsp; **Age 6-12:** Milk 1cup, Meat or Meat Alternative 2.05 oz., Cheese 2oz, Fruit and Vegetables 3/4 cup, Pasta and Grain 1/2 cup, Roll 1/2 serving, Bread 1slice, Seed Butter 4tbsp. Vegetarian option available at all meals. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits.

*** We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**

December 2024 AM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Friendship Cracker Banana 1% /Whole Milk*	3 Pretzel Crisps Melon 1% /Whole Milk*	4 Saltine Cracker Apple 1% /Whole Milk*	5 Cheez -Its Pineapple 1% /Whole Milk*	6 Goldfish Oranges 1% /Whole Milk*
9 Graham Cracckers Oranges 1% /Whole Milk*	10 Pretzels Apple 1% /Whole Milk*	11 Club Cracker Melon 1% /Whole Milk*	12 Multigrain Cheerios Pineapple 1% /Whole Milk*	13 Kix Cereal Banana 1% /Whole Milk*
16 Cheerios Melon 1% /Whole Milk*	17 Snap Peas Pineapple 1% /Whole Milk*	18 Kix Cereal Apples 1% /Whole Milk*	19 Chex Mix Pears 1% /Whole Milk*	20 Ritz Cracker Oranges 1% /Whole Milk*
23 CFS CLOSED WINTER HOLIDAY	24 CFS CLOSED WINTER HOLIDAY	25 CFS CLOSED WINTER HOLIDAY	26 CFS CLOSED WINTER HOLIDAY	27 CFS CLOSED WINTER HOLIDAY
30 CFS CLOSED WINTER HOLIDAY	31 CFS CLOSED WINTER HOLIDAY			

AM Snack Served 8:30-9:00am for Infant and Waddler Classrooms; and 9:00-9:30am for Preschool and School Age Classrooms.

Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Fruit and Vegetables 1/4 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. ***We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**

December 2024 PM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chex Mix Pineapple 1% /Whole Milk*	3 Snap Peas Banana 1% /Whole Milk*	4 Kix Cereal Pears 1% /Whole Milk*	5 Ritz Crackers Melon 1% /Whole Milk*	6 Club Cracker String Cheese 1% /Whole Milk*
9 Wheat Thin Banana 1% /Whole Milk*	10 Friendship Crackers Pineapple 1% /Whole Milk*	11 Pretzel Crisps Pear 1% /Whole Milk*	12 Gold Fish Oranges 1% /Whole Milk*	13 Multigrain Crackers Apples 1% /Whole Milk*
16 Saltine Crackers Sun Butter 1% /Whole Milk*	17 Cheez-It Oranges 1% /Whole Milk*	18 Multigrain Cheerios Melon 1% /Whole Milk*	19 Pretzel Sticks Apples 1% /Whole Milk*	20 Graham Crackers Banana 1% /Whole Milk*
23 CFS CLOSED WINTER HOLIDAY	24 CFS CLOSED WINTER HOLIDAY	25 CFS CLOSED WINTER HOLIDAY	26 CFS CLOSED WINTER HOLIDAY	27 CFS CLOSED WINTER HOLIDAY
30 CFS CLOSED WINTER HOLIDAY	31 CFS CLOSED WINTER HOLIDAY			

PM Snack Served: 2:30-3:00pm for Infant and Waddler Classrooms; and 3:00-3:30pm for Preschool and School Age Classrooms.

Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Fruit and Vegetables 1/4 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. ***We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**