

November 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Quesadilla V: Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	3 Baked Pasta V: Dinner Rolls Fresh Vegetables Fresh Fruit 1% /Whole Milk*	4 Sunbutter and Jelly Sandwich V: String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*	5 BBQ Chicken V: BBQ Tofu Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	6 Fettuccini Alfredo V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*
9 Baked Chicken Burger V: Veggie Burger String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*	10 Butter Herb Pasta V: French Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	11 Teriyaki Chicken V: Teriyaki Tofu Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	12 Mac and Cheese V: French Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	13 Turkey Lasagna V: Cheese Lasagna Garlic Toast Fresh Vegetables Fresh Fruit 1% /Whole Milk*
16 Creamy Tomato Penne V: Dinner Rolls Fresh Vegetables Fresh Fruit 1% /Whole Milk*	17 Baked Chicken V: Mozzarella Cheese Stick Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	18 Cheese Pizza V: Cream of Broccoli Soup Fresh Vegetables Fresh Fruit 1% /Whole Milk*	19 Turkey Hotdog V: Veggie Hotdog String Cheese Fresh Vegetables Steamed Rice 1% /Whole Milk*	20 Parmesan Chicken V: Parmesan Veggies Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*
23 Parmesan Pasta V: French Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	24 Grilled Cheese V: Creamy Tomato Soup Fresh Vegetables Fresh Fruit 1% /Whole Milk*	25 Lemon Herb Linguine V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	26 CFS CLOSED THANKSGIVING HOLIDAY	27 CFS CLOSED THANKSGIVING HOLIDAY
30 Spaghetti w/ Meat Sauce V: Spaghetti Marinara Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*				

Lunch Served: 11:30-12:00pm for Infant and Waddler Classrooms; and 12:00-12:30pm for Preschool and School Age Classrooms.

Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Meat or Meat Alternative 1.0 oz., Fruit and Vegetables 1/4 cup, Cheese 1oz., Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 2tbsp; **Age 3-5:** Milk 3/4cup, Meat or Meat Alternative 1.5 oz., Cheese 1.5oz Fruit and Vegetables 1/2 cup, Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 3tbsp; **Age 6-12:** Milk 1cup, Meat or Meat Alternative 2.05 oz., Cheese 2oz, Fruit and Vegetables 3/4 cup, Pasta and Grain 1/2 cup, Roll 1/2 serving, Bread 1slice, Seed Butter 4tbsp. Vegetarian option available at all meals. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits.

*** We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**

November 2026 AM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Snap Peas Pears 1% /Whole Milk*	3 Yogurt Granola 1% /Whole Milk*	4 Life Cereals Pineapple 1% /Whole Milk*	5 Saltine Cracker Apples 1% /Whole Milk*	6 Wheat Thin Melon 1% /Whole Milk*
9 Multigrain Cheerios Banana 1% /Whole Milk*	10 Applesauce Ritz Crackers 1% /Whole Milk*	11 Cheerios Oranges 1% /Whole Milk*	12 English Muffin Cream Cheese 1% /Whole Milk*	13 Pretzel Sticks Apple 1% /Whole Milk*
16 Club Crackers Melon 1% /Whole Milk*	17 Chex Mix Apple 1% /Whole Milk*	18 Veggies Straws Oranges 1% /Whole Milk*	19 Cheez-It Crackers Pears 1% /Whole Milk*	20 Pretzel Crisps Banana 1% /Whole Milk*
23 Strawberry Cheerios Apples 1% /Whole Milk*	24 Dot Pretzel Melon 1% /Whole Milk*	25 Goldfish Oranges 1% /Whole Milk*	26 CFS CLOSED THANKSGIVING HOLIDAY	27 CFS CLOSED THANKSGIVING HOLIDAY
30 Graham Cracker Banana 1% /Whole Milk*				

AM Snack Served 8:30-9:00am for Infant and Waddler Classrooms; and 9:00-9:30am for Preschool and School Age Classrooms.

Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Fruit and Vegetables 1/4 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. ***We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**

November 2026 PM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pretzel Sticks Pineapple 1% /Whole Milk*	3 Chex Mix Melon 1% /Whole Milk*	4 Pop Cereal Pears 1% /Whole Milk*	5 Multigrain Cheerios Oranges 1% /Whole Milk*	6 Cheez Its Cracker Apples 1% /Whole Milk*
9 Strawberry Cheerios Apples 1% /Whole Milk*	10 Cheddar Biscuit Banana 1% /Whole Milk*	11 Life Cereals Pineapple 1% /Whole Milk*	12 Wheat Thin Pears 1% /Whole Milk*	13 Snap Peas Oranges 1% /Whole Milk*
16 Cheerios Apples 1% /Whole Milk*	17 Goldfish Melon 1% /Whole Milk*	18 Club Crackers Banana 1% /Whole Milk*	19 Dot Pretzel Oranges 1% Whole Milk*	20 Saltine Crackers Pineapples 1% /Whole Milk*
23 Veggies Straws Oranges 1% /Whole Milk*	24 Ritz Crackers Pears 1% /Whole Milk*	25 Graham Crackers Banana 1% /Whole Milk*	26 CFS CLOSED THANKSGIVING HOLIDAY	27 CFS CLOSED THANKSGIVING HOLIDAY
30 Pretzel Crisp Pears 1% /Whole Milk*				

PM Snack Served: 2:30-3:00pm for Infant and Waddler Classrooms; and 3:00-3:30pm for Preschool and School Age Classrooms.

Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Fruit and Vegetables 1/4 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. ***We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**