

# May 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sunbutter and Jelly Sandwich V: String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*
4 Fettuccini Alfredo V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	5 Baked Chicken Burger V: Veggie Burger String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*	6 Butter Herb Pasta V: French Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	7 Orange Chicken V: Orange Tofu Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	8 Grilled Cheese V: Creamy Tomato Soup Fresh Vegetables Fresh Fruit 1% /Whole Milk*
11 Turkey Hotdog V: Veggie Hotdog String Cheese Fresh Vegetables Fresh Fruit 1% /Whole Milk*	12 Cheese Pizza V: Cream of Broccoli Soup Fresh Vegetables Fresh Fruit 1% /Whole Milk*	13 Lemon Herb Linguine V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	14 Baked Pasta V: Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	15 Chicken Teriyaki V: Tofu Teriyaki Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*
18 Creamy Tomato Penne V: Dinner Rolls Fresh Vegetables Fresh Fruit 1% /Whole Milk*	19 Cheese Quesadilla V: Cilantro Lime Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	20 Spaghetti w/ Meat Sauce V: Spaghetti Marinara Garlic Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	21 Mac and Cheese V: French Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	22 Chicken Noodle Soup V: Veggie Noodle Soup Dinner Roll Fresh Vegetables Fresh Fruit 1% /Whole Milk*
25  CFS CLOSED Memorial Day	26 Baked Chicken V: Mozzarella Cheese Stick Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*	27 Turkey Lasagna V: Veggie Lasagna Garlic Toast Fresh Vegetables Fresh Fruit 1% /Whole Milk*	28 Parmesan Pasta V: French Bread Fresh Vegetables Fresh Fruit 1% /Whole Milk*	29 BBQ Chicken V: BBQ Tofu Steamed Rice Fresh Vegetables Fresh Fruit 1% /Whole Milk*

Lunch Served: 11:30-12:00pm for Infant and Waddler Classrooms; and 12:00-12:30pm for Preschool and School Age Classrooms.  
 Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Meat or Meat Alternative 1.0 oz., Fruit and Vegetables 1/4 cup, Cheese 1oz., Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 2tbsp; **Age 3-5:** Milk 3/4cup, Meat or Meat Alternative 1.5 oz., Cheese 1.5oz Fruit and Vegetables 1/2 cup, Pasta and Grain 1/4 cup, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 3tbsp; **Age 6-12:** Milk 1cup, Meat or Meat Alternative 2.05 oz., Cheese 2oz, Fruit and Vegetables 3/4 cup, Pasta and Grain 1/2 cup, Roll 1/2 serving, Bread 1slice, Seed Butter 4tbsp. Vegetarian option available at all meals. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits.

**\* We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**

## May 2026 AM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				1
				1
4	5	6	7	8
Ritz Crackers Applesauce 1% /Whole Milk*	Friendship Cereals Pineapple 1% /Whole Milk*	Wheat Thin Melon 1% /Whole Milk*	Cheez-It Crackers Oranges 1% /Whole Milk*	Saltine Crackers Sun Butter 1% /Whole Milk*
11	12	13	14	15
Snap Peas Pineapple 1% /Whole Milk*	Multigrain Cheerios Pears 1% /Whole Milk*	Pop Cereals Melon 1% /Whole Milk*	Pretzel Crisps Oranges 1% /Whole Milk*	Club Crackers Banana 1% /Whole Milk*
18	19	20	21	22
English Muffin Cream Cheese 1% /Whole Milk*	Life Cereal Apple 1% /Whole Milk*	Dot Pretzel Pears 1% /Whole Milk*	Goldfish Oranges 1% /Whole Milk*	Animal Crackers Banana 1% /Whole Milk*
25	26	27	28	29
CFS CLOSED Memorial Day	Chex Mix Melon 1% /Whole Milk*	Friendship Crackers Pineapple 1% /Whole Milk*	Yogurt Granola 1% /Whole Milk*	Cheerios Apple 1% /Whole Milk*

AM Snack Served 8:30-9:00am for Infant and Waddler Classrooms; and 9:00-9:30am for Preschool and School Age Classrooms.

Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Fruit and Vegetables 1/4 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. **\*We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**

## May 2026 PM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Goldfish Pears 1% /Whole Milk*
4	5	6	7	8
Pop Cereals Banana 1% /Whole Milk*	Chex Mix Melon 1% /Whole Milk*	Graham Cracker Apple 1% /Whole Milk*	Pretzel Sticks Pears 1% /Whole Milk*	Cheerios Melon 1% /Whole Milk*
11	12	13	14	15
Cheddar Biscuit Banana 1% /Whole Milk*	Animal Crackers Melon 1% /Whole Milk*	Wheat Thin Pears 1% /Whole Milk*	Ritz Crackers Apple 1% /Whole Milk*	Pretzel String Cheese 1% /Whole Milk*
18	19	20	21	22
Friendship Cereals Pineapple 1% /Whole Milk*	Dot Pretzel Pears 1% /Whole Milk*	Club Crackers Oranges 1% /Whole Milk*	Friendship Crackers Melon 1% /Whole Milk*	Saltine Crackers Apple 1% /Whole Milk*
25	26	27	28	29
CFS CLOSED Memorial Day	Life Cereals Melon 1% /Whole Milk*	Snap Peas Banana 1% /Whole Milk*	Cheez-It Crackers Pears 1% /Whole Milk*	Pretzel Crisp Pineapple 1% /Whole Milk*

PM Snack Served: 2:30-3:00pm for Infant and Waddler Classrooms; and 3:00-3:30pm for Preschool and School Age Classrooms.  
 Minimum Requirement: **Age 1 & 2:** Milk 1/2cup, Fruit and Vegetables 1/4 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz. ; **Age 3-5:** Milk 3/4cup, Fruit and Vegetables 1/2 cup, Cheese 0.5oz., Cracker 2.0 oz., Muffin or Biscuit 1/2 serving, Roll 1/2 serving, Bread 1/2 slice, Seed Butter 1tbsp, Yogurt 2oz.; **Age 6-12:** Milk 1cup, Fruit and Vegetables 3/4 cup, Cheese 1oz., Cracker 2.0 oz., Muffin or Biscuit 1 serving, Roll 1serving, Bread 1slice, Seed Butter 2tbsp, Yogurt 4oz. Fresh Fruit Includes: Apples, Bananas, Pears, Oranges, Pineapple, Cantaloupe, Honeydew, Tangerines, Watermelon, Strawberries and Seasonal Fruits. **\*We serve Whole Milk for Infant and Waddler Classrooms; and 1% Milk for Preschool and School Age Classrooms.**