



Community First School

Three Years Old Room-Daily Routine

7:00-8:45	Morning Drop Off, Health Check and Free Play
8:45-9:30	Art
9:30-9:40	Hygiene (Bathroom, Hand Washing)
9:40-10:00	Morning Snack
10:20-10:30	Hygiene (Bathroom, Hand Washing)
10:00-10:30	Morning Circle Time: Calendar, Date, Days of the Week, Weather, and Story
10:30-11:10	Outdoor Play
11:10-11:20	Hygiene (Bathroom, Hand Washing)
11:20-11:50	Small Group Lesson (Including Music and Movement)
11:50-12:00	Hygiene (Bathroom, Hand Washing)
12:00-12:30	Lunch Time
12:30-12:40	Hygiene (Bathroom, Wash hands, Brush teeth)
12:40-12:50	Story Time
12:50-3:00	Rest Time
3:00-3:10	Wake Up/Stretch/Hygiene (Bathroom)
3:10-3:35	Afternoon Snacks
3:35-4:00	Art Appreciation
4:00-4:15	Hygiene (Bathroom, Wash hands, Brush teeth)
4:15-5:20	Outdoor Play
5:20-6:00	Quiet Activities/ Games/ Stories